

OFFICIAL EFC KNOX LEGACY SERIES WEIGH-IN RESULTS

Tensions Explode Ahead of Fight Night in Cape Town

25 February 2026



Cape Town South Africa - Fight night is officially set.

All athletes successfully made weight ahead of the EFC Knox Legacy Series at the GrandWest Grand Arena, but the official weigh-in was anything but routine.

The middleweight championship main event between Luke Michael and Diego Bandu erupted in visible tension both backstage and on stage. Heated exchanges unfolded behind the curtain before escalating again during the face-off. Michael was visibly fired up, pacing and vocal, while Bandu remained composed and controlled throughout the confrontation.

The intensity surrounding the championship clash has now reached a boiling point.

In the co-main event, Faez Jacobs made a statement of his own, walking onto the stage with the South African flag painted across his face and the words “Hulle Weet Die Was Ons Went Nie” written across his chest. The hometown champion stared down

Australia's Trent Thomas Girdham in a disciplined but charged exchange as national pride took centre stage.

Elsewhere on the main card, athletes remained professional and focused, each understanding the stakes that await inside the Hexagon.

Official Results

Main Card

Luke Michael (184 lb) vs Diego Bandu (185 lb)

Middleweight Championship 185 lbs

A hometown champion defending his belt against a dangerous challenger from the Democratic Republic of the Congo. Emotion now runs high.

Faez Jacobs (135 lb) vs Trent Thomas Girdham (136 lb)

Bantamweight Championship 135 lbs

Cape Town pride meets Australian confidence in a title clash layered with national tension.

Adrian Sanchez (154 lb) vs Jeferson Pereira (154 lb)

Interim Lightweight Championship 155 lbs

Sanchez steps into opportunity against Brazil's explosive Pereira in a fight with championship implications for the division.

Tumelo Manyamala (125 lb) vs Ntando Zondi (125 lb)

Flyweight Championship Final 125 lbs

Two rising stars collide in the Grand Prix final, with legacy and gold on the line.

Terence Balelo (126 lb) vs Kleber Sousa (126 lb)

Flyweight 125 lbs

Former EFC champion Balelo faces Brazil's Sousa in a pivotal flyweight contest with divisional implications.

Preliminary Card

Terrence Born (231 lb) vs Christophe Walravens (259 lb)

Heavyweight 265 lbs

Jaden van der Merwe (204 lb) vs Khulekani Hlongwa (205 lb)

Light Heavyweight 205 lbs

Emmanuel Sita (156 lb) vs Glody Kanzeko (154 lb)

Lightweight 155 lbs

Steven Goncalves (146 lb) vs Roberto Miyaba (145 lb)

Featherweight 145 lbs

Yaseen Adams (145 lb) vs Bruce Mayasi (146 lb)

Featherweight 145 lbs

Alex Suzuki (170 lb) vs Kabongo Peter Mulumba (168 lb)

Welterweight 170 lbs

Coenie Lamprecht (126 lb) vs Sisa Jungula (124 lb)

Flyweight 125 lbs

Jason Mackay (154 lb) vs Philani Mbuyazi (155 lb)

Lightweight 155 lbs

The stage is set.

The tension is real.

The Hexagon awaits.

Place your bets with World Sports Betting.

The EFC Knox Legacy Series presented in partnership with the city of Cape Town takes place tomorrow night, 26 February 2026 at the GrandWest Grand Arena.

Broadcast and ticket information is available at www.efcworldwide.com

About EFC® - The Extreme Fighting Championship®

Headquartered in Johannesburg, South Africa, EFC is a world leading mixed martial arts organisation. EFC produces 10 live events annually at sold out arenas. With over 200 athletes exclusively contracted to the organisation, EFC showcases the greatest warriors on the planet.

EFC events are broadcast in over 120 countries around the world on numerous television networks in multiple languages. EFC programming is available weekly in more than 600 million television households globally, making it one of the most recognisable MMA brands in the world.

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About KNOX Hydrate

KNOX Hydration is a South African wellness brand founded by former UFC middleweight champion and South Africa's first UFC champion, Dricus du Plessis, and

Ethan Hughes. Focused on better-for-you products, KNOX makes hydration, replenishment, and recovery accessible for all ages.

Its lineup includes caffeine-free Sparkling Hydration for the whole family and convenient Electrolyte and Hydration sachets for on-the-go performance. Believing optimal hydration powers both body and mind, KNOX helps people operate at their best.

The brand also reinvests in local communities, supporting youth education, fitness initiatives, amateur sports, and emerging athletes, fuelling the next generation's pursuit of purpose.

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The KNOX Hydrate commercial:

<https://youtu.be/S2r2U9wBW1k?si=gNiTBHoW0D9cTBRB>

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