

# MADNESS RETURNS TO FACE THE HUMBLE WARRIOR

EFC 123 TO SEE ELS VS SITA IN EXPLOSIVE LIGHTWEIGHT SHOWDOWN

1 APRIL 2025



**Johannesburg, South Africa** – On the cusp of EFC 122, the EFC (Extreme Fighting Championship) is gearing up for another action-packed event at the World Sports Betting Arena. The next event, EFC 123 is confirmed to feature two electrifying lightweight fighters, Marcel Els and Emmanuel Sita, who are set to collide in a thrilling bout that is sure to leave fans on the edge of their seats.

After a five-year hiatus from the Hexagon, Marcel “Madness” Els is eager to remind fans of his exciting, high-octane fighting style. Known for his explosive finishes, Els has made quick work of opponents such as Nerik Simoes, Amisi Kabeya, and Rocky Ilunga, consistently delivering one-punch knockouts and thrilling submissions. Fighting out of the House of Tinkerbelle, Els is renowned for

his aggressive approach and desire to finish the fight early, and he's ready to bring the heat once again.

However, he faces a formidable challenge in Emmanuel "The Humble Warrior" Sita, a Claremont-based striker whose career has been defined by his penchant for first-round finishes. With all of his victories coming in the opening round, Sita is a dangerous competitor who has shown time and again that he's capable of ending a fight in the blink of an eye. Coming off a hard-fought battle against Ayanda Zwane, which ended in a thrilling firefight, Sita has taken the time to reset and is now hungry for a victory to solidify his place among the division's best.



Both fighters are known for their ruthless aggression and desire to finish fights quickly, making this matchup a can't-miss spectacle for fans of explosive, high-intensity action. With both men determined to prove they belong at the top of the lightweight division, this fight is sure to deliver fireworks inside the Hexagon.

***EFC 123 takes place on Thursday 8th May 2025, live from the World Sports Betting Arena at the EFC Performance Institute in JHB, South Africa.***

**Broadcast information at [www.efcworldwide.com](http://www.efcworldwide.com)**



**EFC**  
**123**

PRESENTED BY



 MARCEL

**ELS**

VS

EMMANUEL 

**SITA**

**BANTAMWEIGHT  
BOUT  
THUR 8 MAY**

**WORLD**  
SPORTS BETTING  
**EFC ARENA**

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