OFFICIAL EFC 139 WEIGH-IN RESULTS

No shortage of fire as athletes collide at the scales



Johannesburg, South Africa - 4 November 2026

There may be no championship on the line at EFC 139, but Wednesday morning's official weigh-in at the World Sports Betting EFC Arena proved that the absence of gold has done little to diminish the intensity of tomorrow night's contests.

Ten bouts are scheduled for Thursday, 5 November, with South Africa's Godfrey "FeralSpunky" Mkhwanazi and undefeated Namibian Veja Hinda headlining the lineup of athletes determined to advance their careers on Africa's most watched combat sport stage.

Mkhwanazi weighed in at 141.0 lbs, with Hinda registering 140.3 lbs ahead of their catchweight main event.

What followed was anything but a routine face-off.

Both athletes arrived full of energy, refusing to surrender an inch as their confrontation escalated. Hinda pushed Mkhwanazi back with a jab to the chest before confidently predicting that their contest would not go the distance.

"Keep your eyes on that f***ing screen," Hinda declared, promising to put his opponent away.

Mkhwanazi refused to back down, matching the Namibian's intensity before promising that he was going to "make it rain" inside the Hexagon.

It was a fitting conclusion to a morning that had already produced its share of confrontations.

Featherweight Ayanda Zwane provided another explosive moment after failing to make weight, registering 150.1 lbs against Yaseen Adams' 144.7 lbs.

Adams arrived at the scales wearing a mask and flexing for the crowd, while Zwane made his entrance in traditional Zulu headwear. Their face-off quickly turned hostile, with Zwane moving directly into Adams' face and promising to put him to sleep.

The confrontation escalated as the athletes pushed their heads against one another before being separated.

At 130 pounds, South Africa's Salahuddin "Captain" Plaatjies brought an entirely different kind of energy to the stage. The shorter athlete closed the distance immediately, making his presence felt against DR Congo's Story Mpia Embombe, who proudly raised his national flag above the confrontation.

Godknows Ndlovu and Zeca Martinho, whose heated exchange at Monday's Media Day required intervention from EFC matchmaker Graeme Cartmell, received an enthusiastic reception from the crowd. Despite their earlier hostility, both athletes kept their composure, leaving their differences to be settled in the Hexagon.

The opening featherweight contest between Phillip "Pitbull" Cronje and Andile "The Equaliser" Gasa also delivered a tense moment. Cronje entered the face-off with unmistakable intensity, fixing his opponent with a prolonged, charged stare.

Elsewhere, Nasiphi "The Honey Badger" Vellem and undefeated Grant Farrow went close without a handshake, adding another layer of anticipation to their co-main event.

Not every encounter was confrontational.

Women's featherweights Dayne "Quiet Storm" Van Wyk and Charmaine "The Terminator" Venter exchanged smiles throughout, with the significantly taller Venter towering over her opponent. Their friendly and professional exchange contrasted with the pair's competitive history in kickboxing.

David Makane and Tyron "CIT Sniper" Lamprecht squared off before sharing a handshake, while Eduardo Barros and Roevan De Beer maintained a respectful distance.

Flyweights Sisa Jungula and Micky "The Mouse" Cloete were similarly composed, keeping their encounter professional ahead of Thursday's contest.

Closing the proceedings, EFC Vice President of Talent Graeme Cartmell offered a reminder of what is at stake across the entire card.

"There is no title on the line. That's what makes it so exciting. Every fight counts!"

For the athletes competing tomorrow night, that message could hardly be clearer.

There may be no championship belt waiting at the end of the evening, but every victory brings an athlete closer to one. Every defeat carries consequences. And for twenty athletes preparing to enter the Hexagon, the opportunity to move forward is worth fighting for.

OFFICIAL EFC 139 WEIGH-IN RESULTS

MAIN CARD

Godfrey Mkhwanazi (141.0 lbs) vs Veja Hinda (140.3 lbs)
Catchweight – Main Event

Nasiphi Vellem (154.9 lbs) vs Grant Farrow (153.7 lbs)
Lightweight

Sisa Jungula (125.3 lbs) vs Micky Cloete (125.0 lbs)
Flyweight

Eduardo Barros (135.3 lbs) vs Roevan De Beer (135.0 lbs)
Bantamweight

Ayanda Zwane (150.1 lbs) vs Yaseen Adams (144.7 lbs)
Featherweight
Zwane missed weight by 4.1 lbs

PRELIMINARY CARD

Dayne Van Wyk (144.2 lbs) vs Charmaine Venter (144.7 lbs)
Women's Featherweight

David Makane (134.8 lbs) vs Tyron Lamprecht (136.0 lbs)
Bantamweight

Godknows Ndlovu (132.7 lbs) vs Zeca Martinho (134.0 lbs)
Bantamweight

Salahuddin Plaatjies (129.7 lbs) vs Story Mpia Embombe (129.9 lbs)
Catchweight – 130 lbs

Phillip Cronje (144.4 lbs) vs Andile Gasa (140.8 lbs)
Featherweight

EFC 139: Mkhwanazi vs Hinda is presented by World Sports Betting and takes place tomorrow night, Thursday, 5 November, at the World Sports Betting EFC Arena in Johannesburg, South Africa.

The preliminary card broadcasts live from **16:00 CAT** on Discover Sport and Bally Sports Live, with the main card live from **19:00 CAT** on SuperSport, SABC Sport, Discover Sport, DAZN, MTN One TV, Extreme, Fight Club, NLSE, Fight Klub, Stadium and more broadcast partners.

Place your bets with World Sports Betting.

Tickets and full broadcast information are available at efcworldwide.com.

About EFC® - The Extreme Fighting Championship®

Headquartered in Johannesburg, South Africa, EFC is a world leading mixed martial arts organisation. EFC produces 10 live events annually at sold out arenas. With over 200 athletes exclusively contracted to the organisation, EFC showcases the greatest warriors on the planet. EFC events are broadcast in over 120 countries around the world on numerous television networks in multiple languages. EFC programming is available weekly in more than 600 million television households globally, making it one of the most recognisable MMA brands in the world.

For more information visit efcworldwide.com or follow:

Facebook | X | Instagram