ALLEN RETURNS TO FACE BEMBE

Number 1 Contender Spot on the Line at EFC 129

18 September 2025



Johannesburg, South Africa - One of the greatest featherweights in African MMA history is back! Boyd 'Sneaky' Allen will do battle once more in the world-famous Hexagon after a hiatus, during which his boxing career garnered him world titles to match the golden belt he proudly wore during an unparalleled EFC career as the undisputed 145lb champ.

Back for the belt, after making his EFC debut thirteen years ago at EFC 12, Allen embarked upon an incredible ten-fight winning streak stamping his championship credentials along the way to secure the golden buckle by taking the tap from Barend Nienaber at EFC 32. Subsequently defending it twice with finishes over Groth and Hawkey, he went into his third defence with a serious rib injury and consequently lost by TKO to Danny Henry (Who went on to enter the UFC). It was to be his only defeat in the EFC out of fifteen fights but returned four times afterwards with wins over Murrie, Thomas, Mynhardt and Mukulu before the calls of the roped square grew too loud. Now, 117 EFC events after he introduced his insightful violence to the world at Carnival City in the March of 2012, he reboots his particular brand of the gentleman prizefighter against a man who has made a habit of sending veterans back into retirement, Vince Bembe.

A sixteen-fight stalwart who is dangerous in all corners of the Hex, the Dominators Den disciple made his pro debut with an incredible first-round Von Flue finish over Given Majuba which he swiftly followed-up with a TKO of Warren Richards. Having beaten some of the best placed before him including Kanyinda, Mnikathi, Seck and Sanchez, he then fell short in his title shot against Igeu Kabesa - the man who beat Danny Henry in the Scots first defence of the belt after taking it from Allen. Now these two finally meet to decide who can claim a top ranking spot in a featherweight division and who will earn the official place as the number one contender:

Boyd Allen - "Whether it's MMA or Boxing, my love for combat sports remains the same. In my experience, the more I compete, the more I grow. I love a challenge and after two years away from MMA, I'm excited to step back into the Hexagon and put on a show for the fans!"

Vince Bembe - "I'm incredibly grateful for this amazing opportunity to showcase my skills once again, It's a crucial step towards my ultimate goal of competing for the championship belt and I'm eager to seize this chance and give it my all."

A whole new generation of fight fans will be treated to an old school versus new school exposition of combat that will define the livelihoods and divisions of African combat sports for years to come. When the greats return to the World Sports Betting Arena in the City of Gold there can be only one outcome. War!

Prior to this, EFC 128 Sekeletu vs Oosthuizen for the interim featherweight championship, is set to take place, and it is there that the divisions top spot will be decided and the future opponent for either Allen or Bembe will be named.

EFC 129 Allen vs Bembe takes place on Thursday 6th of November 2025, live from the World Sports Betting Arena at the EFC Performance Institute in JHB, South Africa. Broadcast information at www.efcworldwide.com