

FORMER EFC CONTENDER SERIES ATHLETES FARROW AND KAPINGA COLLIDE AT EFC 136



The promotional poster for EFC 136 features two athletes, Grant Farrow and Alex Kapinga, standing against a white hexagonal background. The text on the poster includes: 'EFC 136' in a black box at the top center; 'PRESENTED BY WORLD SPORTS BETTING' in a red and white logo below it; 'GRANT FARROW vs ALEX KAPINGA' in large white letters with national flags (South African and Congolese) above the names; 'LIGHTWEIGHT BOUT' in white below the names; 'THURSDAY 6 AUGUST' in white on the left; 'WORLD SPORTS BETTING EFC ARENA' in white on the right; and 'TICKET & BROADCAST INFO AT EFCWORLDWIDE.COM' in white at the bottom.

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Two athletes who first came to EFC's attention through the EFC Contender Series will meet inside the Hexagon when Durban's Grant Farrow faces Democratic Republic of Congo native Alex "Bibende" Kapinga at EFC 136 on August 6.

Farrow enters the contest with momentum firmly on his side. The Durban athlete earned his opportunity through the EFC Contender Series before making an immediate impact in his promotional debut.

Representing Lions Den under coach Dave Vester, Farrow announced himself at EFC 133 with a first-round rear naked choke victory, showcasing a skillset that extends well beyond his kickboxing background.

The 26-year-old has developed a reputation as a well-rounded competitor willing to engage wherever the fight unfolds, whether on the feet or on the ground. Now he returns looking to secure a second consecutive finish and continue his rise through the lightweight division.

Standing opposite him will be a familiar face from the same EFC Contender Series event.

Although Kapinga did not initially secure an EFC contract, his toughness and performances impressed EFC officials enough to earn a place on the professional roster.

Now fighting out of Johannesburg's La Maravilla Gym under coach Matias Diaz, the Democratic Republic of Congo native has already demonstrated the resilience that earned him his opportunity. After losing his professional debut by decision, he battled to a split draw against Nasiphi Vellem at EFC 134 in a performance that highlighted his durability, determination and improving ground game.

Known for his aggressive forward pressure and willingness to absorb punishment while continuing to push the pace, Kapinga has quickly built a reputation as a difficult athlete to break.

Stylistically, the matchup presents an intriguing clash between Farrow's well-rounded finishing ability and Kapinga's relentless toughness.

For Farrow, victory would further cement the strong start to his professional career and strengthen his position within the lightweight division.

For Kapinga, it presents an opportunity to claim his first professional victory and prove he belongs among the next generation of EFC athletes.

The contest serves as another example of the pathway from the EFC Contender Series to the professional ranks, with two athletes who first earned attention through the developmental platform now continuing their journeys on Africa's biggest MMA stage.

This bout features on the EFC 136 preliminary card, which streams live globally on Discover Sport before the main card gets underway.

The EFC 136 event is headlined by Sanchez vs Swanepoel for the interim lightweight championship and is presented by World Sports Betting live from the World Sports Betting EFC Arena in Johannesburg, South Africa on August 6.

Ticket and broadcast information at efcworldwide.com.