

FOURTY ONE SECONDS LATER

One of Zambia's brightest prospects takes his next step against experienced EFC campaigner Lukhmaan Jhazbhay at EFC 137



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Just 41 seconds was all Tryford Mwanga needed to announce himself in the EFC. Now, one of Zambia's brightest mixed martial arts prospects returns to the EFC Hexagon looking to build on that explosive debut when he faces experienced EFC campaigner Lukhmaan "The Dominator" Jhazbhay at EFC 137 on Thursday, 10 September.

The 25-year-old from Lusaka made an unforgettable first impression at EFC 132, stopping Obakeng Mahura by first-round technical knockout in just 41 seconds to earn a Performance of the Night bonus. Representing Team Zambia under coach Mell, Mwanga has quickly established himself as an athlete to watch, combining an aggressive Kyokushin Karate striking style with an evolving grappling game and a willingness to pursue the finish at every opportunity.

Before turning professional, Mwanga enjoyed an impressive amateur career through the Zambia National Amateur League and represented his country at the 2024 IMMAF African Championships, building a reputation as one of Zambia's leading emerging mixed martial artists. With youth firmly on his side, EFC 137 presents another opportunity to continue his rise through the flyweight division.

Standing opposite him is Durban's Lukhmaan "The Dominator" Jhazbhay, one of the EFC's most experienced flyweight competitors. Training out of Gorgeous Boyz Hardcore GHB under Rhyen Hassan, Jhazbhay brings an accomplished martial arts background that began with Kyokushin Karate before expanding into kickboxing, wrestling and mixed martial arts. His professional career includes a remarkable 19-second armbar victory on his EFC debut, while years of competing against experienced opposition have made him one of the division's toughest tests.

The matchup promises an intriguing clash of styles. Mwanga will look to impose his trademark forward pressure and explosive striking, while Jhazbhay's grappling, composure and experience could provide the stern examination the Zambian prospect has yet to face inside the EFC Hexagon.

This bout features on the EFC 137 fight card, headlined by Faez Jacobs and Chadrack Yemba competing for the interim EFC featherweight championship. EFC 137 takes place on Thursday, 10 September at the World Sports Betting EFC Arena in Johannesburg.

Broadcast and ticket information are available at efcworldwide.com.

About EFC® - The Extreme Fighting Championship®

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