

THE COUNTDOWN TO ALLEN VS BEMBE HAS BEGUN

Number 1 Contender Spot on the Line at EFC 129

30 October 2025



Johannesburg, South Africa - The countdown to EFC 129 has officially begun, as the latest EFC Countdown Show takes fans deep inside the build-up to one of the most intriguing matchups of the year, Boyd Allen vs Vince Bembe.

The event takes place next week, on Thursday, 6 November 2025, live from the World Sports Betting Arena at the EFC Performance Institute, Johannesburg, South Africa.

The long-awaited return of Boyd “Sneaky” Allen, a former EFC Featherweight Champion and one of Africa’s most respected mixed martial artists, marks a defining moment for the division. Known for his precision boxing, slick submissions, and unmatched composure, Allen’s comeback is not just another fight, it’s a reminder of what elite truly looks like.

Standing across from him is Vince Bembe, a name many fans are about to know very well. Once a security guard in Secunda, Bembe discovered MMA after seeing a story about a local fighter, Cedric Doyle, and decided to walk into a gym himself. Since then, his fearless forward pressure, knockout power, and hunger have made him one of the most talked-about rising stars in African MMA.

This bout represents more than a clash of skill, it's a collision of worlds. A decorated veteran versus a self-made powerhouse. Experience versus hunger. Legacy versus opportunity. Both fighters know what's at stake: the winner earns the next shot at Billy Oosthuizen's Featherweight Title.

EFC 129 MAIN CARD

Boyd Allen vs Vince Bembe – Featherweight Contender Bout
Ndidi Alonu vs Ziko Makengele 2 – Welterweight Bout
Steven Goncalves vs Guide Moyo – Featherweight Bout
Terrence Born vs Sholto Luiters – Heavyweight Bout
Cole Henning vs Christopher Matukane – Welterweight Bout

Plus seven thrilling preliminary bouts featuring Africa's top up-and-coming athletes.

The EFC 129 Countdown Show is now live, featuring exclusive interviews, training footage, and behind-the-scenes access to both main event athletes as they prepare for one of the most compelling fights of the year.

EFC 129: Allen vs Bembe – The legend returns. The underdog rises. Who earns the shot at gold?

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Broadcast details and more at www.efcworldwide.com