

FIGHT WEEK IGNITES IN CAPE TOWN AS TENSIONS FLARE AHEAD OF OFFICIAL WEIGH IN

24 February 2026



Cape Town, South Africa — Fight week for the EFC Knox Legacy Series escalated yesterday as emotions surfaced during a series of high profile fight week activities across Cape Town.

The day began at the WSB Performance Institute, where athletes took part in the official Open Workout. International challengers from Brazil and Australia shared the mats with hometown champion Luke Michael, showcasing sharp preparation as final weight cuts intensify ahead of Thursday night at the GrandWest Grand Arena.

Later in the afternoon, main card athletes gathered at the foot of Table Mountain for a sunset face off session overlooking the city.

Tension erupted in the bantamweight championship matchup between Cape Town's Faez Jacobs and Australia's Trent Girdham. After Jacobs arrived late to the scheduled face off, Girdham openly criticised the champion, labelling him "a clown" and

comparing his entrance to Michael Jackson. The Australian went further, stating he plans to make Jacobs “moon walk backwards” inside the Hexagon on fight night.

In the middleweight championship pairing, the atmosphere was equally charged. Luke Michael arrived prepared for his scheduled face off, only for challenger Diego Bandu not to attend. Michael, visibly frustrated, expressed his disappointment at the no show.

Bandu, who has travelled without his full team, indicated privately that he had little interest in participating in what he viewed as a heavily pro Michael environment at a scheduled private media activation.

With the official weigh in set for tomorrow at 10:00 at the Grand Arena, GrandWest, tensions are expected to intensify as athletes stand face to face for the final time before fight night. Doors open to spectators at 09:45.

The EFC Knox Legacy Series takes place on Thursday at the GrandWest Grand Arena in Cape Town.

Broadcast information is available at www.efcworldwide.com.

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