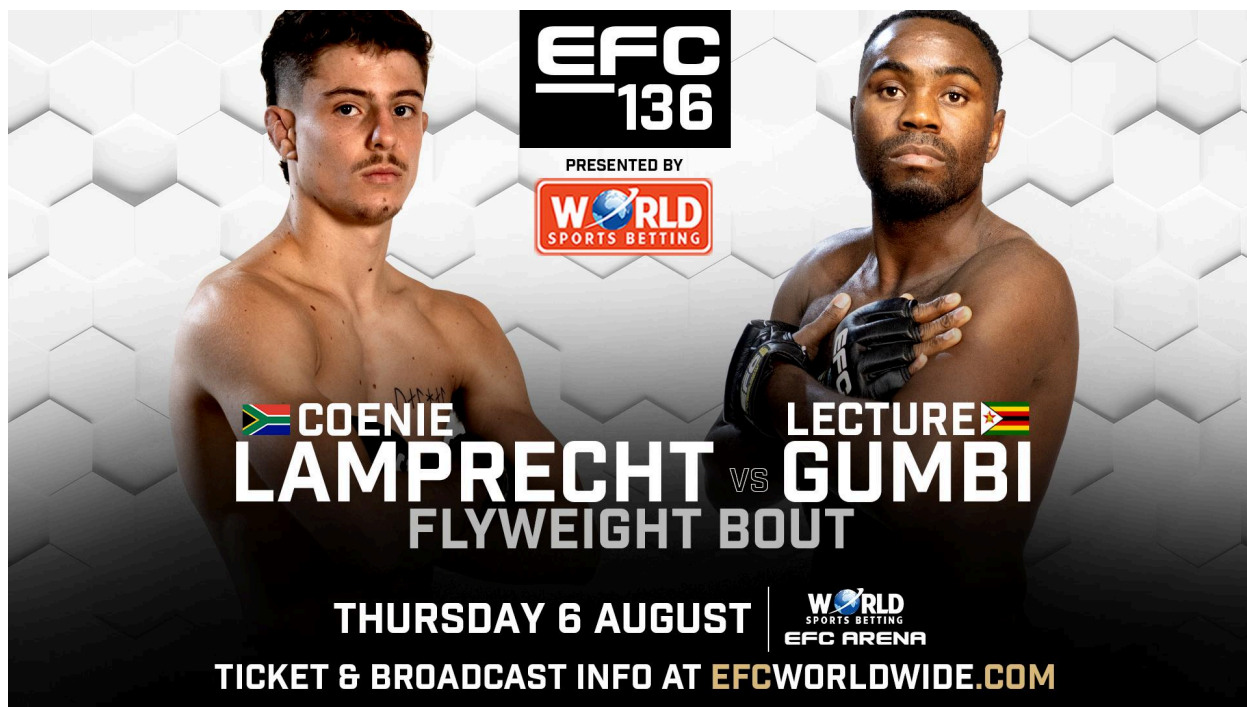


# YOUTH MEETS EXPERIENCE IN THE EFC FLYWEIGHT DIVISION

Coenie "The Prophecy" Lamprecht vs Lecture "The Mafia" Gumbi



**Johannesburg, South Africa – 6 July 2026**

One of South Africa's brightest young flyweight prospects will face one of the division's toughest veterans when Coenie "The Prophecy" Lamprecht takes on Zimbabwe's Lecture "The Mafia" Gumbi at EFC 136 on August 6.

At just 19 years of age, Lamprecht has already established himself as one of the promotion's most promising young talents. The EFC Contender Series contract winner enjoyed an impressive start to his professional career before suffering a narrow split decision defeat to Sisa Jungula at the EFC Knox Series, and now returns determined to resume his climb through the flyweight division.

Representing Johannesburg's Valhalla MMA under coach Shane Carr, Lamprecht has built his reputation on elite Brazilian Jiu-Jitsu and a relentless submission game. While his grappling remains his greatest weapon, he has continued to evolve his striking, adding improved boxing and creative elbow combinations to an already dangerous skill set.

Standing opposite him is Zimbabwean veteran Lecture Gumbi, who brings experience, durability and a willingness to trade to the EFC Hexagon.

Representing Johannesburg's TopGun MMA under coach Steve Maphosa, Gumbi has developed a reputation as an aggressive forward fighter with clean boxing, heavy hands and the toughness to absorb punishment while continuing to press the action. His defensive grappling has also improved considerably, allowing him to better neutralise submission threats and return contests to the feet where he is most dangerous.

Stylistically, the matchup presents an intriguing clash between Lamprecht's elite submission game and Gumbi's boxing and durability. Lamprecht may look to utilise his grappling advantage, while Gumbi may seek to dictate the contest with his boxing and experience on the feet.

For Lamprecht, victory would put him straight back on course after the first defeat of his professional career and reinforce his status as one of the flyweight division's brightest young prospects.

For Gumbi, the bout presents another opportunity to remind the division that experience, resilience and heavy hands remain a dangerous combination against any opponent.

The EFC 136 event is headlined by Sanchez vs Swanepoel for the interim lightweight championship and is presented by World Sports Betting live from the World Sports Betting EFC Arena in Johannesburg, South Africa on August 6.

Ticket and broadcast information at [efcworldwide.com](http://efcworldwide.com).

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#### **About EFC® - The Extreme Fighting Championship®**

Headquartered in Johannesburg, South Africa, EFC is a world leading mixed martial arts organisation. EFC produces 10 live events annually at sold out arenas. With over 200 athletes exclusively contracted to the organisation, EFC showcases the greatest warriors on the planet. EFC events are broadcast in over 120 countries around the world on numerous television networks in multiple languages. EFC programming is available weekly in more than 600 million television households globally, making it one of the most recognisable MMA brands in the world.

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