

TEN DAYS OUT: BREAKING DOWN THE FIGHTS BEHIND THE EFC 139 MAIN EVENT

A closer look at Nasiphi Vellem vs Grant Farrow and Sisa Jungula vs Micky Cloete ahead of 5 November



Johannesburg, South Africa - 26 October 2026

Just ten days remain until EFC 139, and we're breaking down the two contests directly supporting the main event. From the battle between unbeaten lightweights Nasiphi Vellem and Grant Farrow to the flyweight showdown between Sisa Jungula and Micky Cloete, we look at the athletes, their strengths and what to expect when they enter the Hexagon.

VELLEM VS FARROW: TWO UNBEATEN LIGHTWEIGHTS COLLIDE

Nasiphi "The Honey Badger" Vellem has made an impressive start to his professional career, recording three victories and one draw while developing a reputation for resilience, effective boxing and an ability to handle difficult exchanges.

Representing Fight Camp in Johannesburg, Vellem most recently defeated Lucky Magekha by unanimous decision at EFC 136 in a contest that earned Fight of the Night honours. The performance demonstrated his composure under pressure and ability to maintain his effectiveness over three demanding rounds.

Standing opposite him will be Durban's Grant Farrow, who arrives from Quest MMA with two victories from his first two professional appearances.

Farrow announced himself with a first-round rear-naked choke submission against Itumeleng Mabilo before overcoming Alex Kapinga by split decision at EFC 136. With a strong Brazilian jiu-jitsu foundation and effective kickboxing, the 26-year-old has already demonstrated his ability to win fights in different ways.

Vellem's reach and measured boxing will be tested against Farrow's aggressive approach and dangerous ground game. Both athletes have impressed in their early professional appearances, but only one can leave EFC 139 with another victory.

JUNGULA VS CLOETE: EXPERIENCE AND TECHNIQUE AT FLYWEIGHT

Sisa Jungula's professional record of three victories and three defeats tells only part of the story of the talented athlete from Motherwell, Gqeberha.

Representing PE Submission Fighting Academy, the 26-year-old competed at the 2024 IMMAF African Championships before making his mark in professional MMA, including a second-round knockout victory and a split-decision win over the previously undefeated Coenie Lamprecht.

Quick on his feet and technically capable both standing and on the ground, Jungula has already demonstrated his potential against formidable opposition. His recent encounter with Ntando Zondi was a fiercely contested battle before he was caught in an armbar submission. Following two consecutive defeats, he will be determined to finish the year with another victory.

Standing opposite him will be Potchefstroom's Micky "The Mouse" Cloete, an experienced competitor who began his EFC career with four consecutive victories, including a Fight of the Night performance.

The 40-year-old, representing Coalition Grappling Academy, holds a professional record of five wins and two defeats. Following a third-round TKO loss to Tumelo Manyamala and a subsequent knee injury that kept him out of competition, Cloete is preparing to make his return to the Hexagon.

A capable wrestler with strong top control and dangerous submission skills, Cloete will look to use his grappling experience against Jungula's speed and technical versatility.

For Jungula, the contest presents an opportunity to demonstrate the ability that has already seen him defeat established opposition. For Cloete, it marks a return to competition after injury, with the experienced Potchefstroom athlete determined to resume his EFC career with another victory.

THE EFC 139 MAIN EVENT

The evening will be headlined by South Africa's Godfrey "FeralSpunky" Mkhwanazi against Namibia's undefeated Veja Hinda.

Mkhwanazi steps into the headline contest following the withdrawal of Coenie Lamprecht, presenting the Johannesburg-based athlete with the biggest opportunity of his professional career. Hinda, meanwhile, will look to preserve his unbeaten record against an aggressive opponent known for his powerful striking and wrestling.

THE REMAINING EFC 139 FIGHT CARD

MAIN CARD

- Eduardo Barros (Angola) vs Roewan De Beer (South Africa) – Flyweight
- Ayanda Zwane vs Yaseen Adams – Featherweight

PRELIMINARY CARD

- Dayne Van Wyk vs Charmaine Venter – Women's Featherweight
- David Makane vs Tyron Lamprecht – Bantamweight
- Godknows Ndlovu vs Zeca Martinho – Bantamweight
- Salahuddin Plaatjies vs Story Mpia Embombe – Catchweight 130 lbs / 59 kg
- Phillip Cronje vs Andile Gasa – Featherweight

EFC 139 is presented by World Sports Betting and takes place on Thursday, 5 November at the WSB EFC Arena in Johannesburg, South Africa. Tickets and broadcast information are available at: efcworldwide.com.

About EFC® - The Extreme Fighting Championship®

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