

FLYWEIGHT CONTENDERS COLLIDE AT EFC 134

JUNGULA AND SEABI LOOK TO FORCE THEIR WAY INTO THE TITLE PICTURE



Johannesburg, South Africa – 18 May 2026

The EFC 134 co main event will see two rising South African flyweights attempt to move one step closer to championship contention as Sisa Jungula faces Thapelo “The Phenomenal One” Seabi on June 4 at the World Sports Betting EFC Arena in Johannesburg.

With current EFC flyweight champion Tumelo Manyamala sitting atop one of the continent’s most competitive divisions, every major performance now carries serious implications for the future of the title picture.

Both Jungula and Seabi know victory at EFC 134 could place them directly into that conversation.

Representing PE Submission Fighting Academy under coach Chris Bright, Jungula enters the matchup following one of the most impressive wins of his career against highly regarded prospect Coenie Lambrecht. Calm under pressure and increasingly composed inside the Hexagon, the Eastern Cape athlete continues building momentum within a division known for producing elite African talent.

Standing opposite him is Thapelo Seabi, who trains out of Smiley Academy in Polokwane under reigning EFC featherweight champion Igue Kabesa.

Kabesa has established himself as one of the most dominant champions in EFC history, and Seabi’s continued growth under his guidance has steadily attracted attention. Despite still being early in his professional career, Seabi has already developed a reputation for discipline, maturity, and composure beyond his experience level.

While neither athlete enters the contest carrying a perfect professional record, both have shown enough ability and potential to make this one of the most intriguing matchups anywhere on the EFC 134 card.

For Jungula, victory would further strengthen the Eastern Cape's growing presence within African MMA.

For Seabi, it would continue the rapid rise of Smiley Academy under Kabesa's leadership.

EFC 134 is headlined by a major women's flyweight championship showdown as former double division champion Amanda "Mad Dog" Lino defends her title against reigning EFC bantamweight champion Juliet Chukwu of Nigeria.

EFC 134, presented by World Sports Betting, takes place June 4 at the World Sports Betting EFC Arena in Johannesburg, South Africa.

Broadcast and ticket information is available at efcworldwide.com.

About EFC® - The Extreme Fighting Championship®

Headquartered in Johannesburg, South Africa, EFC is a world leading mixed martial arts organisation. EFC produces 10 live events annually at sold out arenas. With over 200 athletes exclusively contracted to the organisation, EFC showcases the greatest warriors on the planet.

EFC events are broadcast in over 120 countries around the world on numerous television networks in multiple languages. EFC programming is available weekly in more than 600 million television households globally, making it one of the most recognisable MMA brands in the world.

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