

FIGHT WEEK BEGINS FOR EFC 134

LINO AND CHUKWU COME FACE-TO-FACE AS EFC 134 COUNTDOWN ENTERS FINAL STAGES



Johannesburg, South Africa – 1 June 2026

Fight week officially began for EFC 134 on Monday as athletes gathered at The Capital on Park in Johannesburg for the event's official Media Day ahead of Thursday night's action at the World Sports Betting EFC Arena.

Headlining the proceedings were reigning women's flyweight champion Amanda "Mad Dog" Lino and challenger Juliet Chukwu of Nigeria, who came face-to-face ahead of one of the biggest women's championship bouts in African MMA history.

The championship rivals were joined by athletes from across the EFC 134 card as interviews, media obligations, and official fight week face-offs took place throughout the afternoon.

Among the featured face-offs were flyweight contenders Sisa Jungula and Thapelo Seabi, who meet in a pivotal clash carrying major implications beneath current champion Tumelo Manyamala. Also facing off were Tebatso Molele and Zimbabwe's Lecture Gumbi, Veja Hinda and Bheki Ngcobo, Alex Suzuki and Glody Kanzeko, Bruce Mayasi and Andile Gasa, Alex Kapinga and Nasiphi Vellum, and Stefan Diedericks and Them bani Mhlanga.

With the final preparations now underway, athletes turn their attention to Wednesday's official weigh-in before entering the Hexagon on Thursday night.

OFFICIAL EFC 134 WEIGH-IN

Wednesday, 3 June

10:00

World Sports Betting EFC Arena
Johannesburg

The official weigh-in is open to all EFC 134 ticket holders, providing fans with an opportunity to see the athletes complete their final weight cuts and come face-to-face one final time before fight night.

EFC 134 FIGHT NIGHT

Thursday, 4 June

15:00 Preliminary Card

19:00 Main Card

World Sports Betting EFC Arena
Johannesburg

The final days of preparation are now underway as athletes from South Africa, Nigeria, Namibia, Zimbabwe, the Democratic Republic of Congo, and beyond prepare to collide inside the Hexagon. Championship gold, title contention, rising prospects, and established veterans will all share the stage when EFC returns to Johannesburg on Thursday night.

The preliminary card streams live globally on Discover Sport before the main card broadcasts worldwide on SuperSport, SABC Openview, Discover Sport, and EFC's international broadcast partners.

EFC 134: Lino vs Chukwu for the women's flyweight championship is presented by World Sports Betting live from the World Sports Betting EFC Arena in Johannesburg, South Africa on June 4.

Broadcast, streaming, ticket, and hospitality information is available at efcworldwide.com.