

NEW TALENTS EMERGE IN AFRICAN MMA

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Johannesburg, South Africa – March 20, 2025 - The second season of the EFC Contender Series has concluded, delivering yet another exciting chapter in the rise of African mixed martial arts. The event showcased a diverse and highly skilled group of fighters who battled for the chance to earn a professional contract with EFC.

As the evening unfolded, it became clear that the future of African MMA is bright, with many rising stars making their mark. After an intense night of competition, Coenie Lamprecht, Linda Baraza, and Litha Madikiza were each awarded EFC contracts, earning their opportunity to compete at the highest level.

The Main Card featured thrilling bouts across several divisions. Fighters demonstrated exceptional skill, heart, and determination, proving that the Contender Series is the perfect platform for discovering the next generation of MMA talent.

In addition to the main card action, the Prelim Bouts featured fierce competition, with fighters from various weight classes displaying their unique fighting styles and

athleticism. The event once again demonstrated the depth of talent emerging from across the African continent.

As the evening wrapped up, it was clear that the EFC Contender Series continues to serve as a crucial pathway for aspiring fighters to break into the global MMA scene. With a focus on discovering and developing African talent, EFC is committed to providing opportunities for fighters to progress in their careers and make their mark on the world stage.

EFC Contender Series Season 2 Final Results:

MAIN CARD BOUTS

CATCHWEIGHT 143lbs

Mika Ngomane defeated Hlompho Phomodi via split decision after 3 rounds

CATCHWEIGHT 162.8lbs

Sebastian Ferreira defeated Jethro Swan via rear naked choke in round 2 (1:57)

MIDDLEWEIGHT 184.8lbs

Grant Farrow defeated Sam Mbhele via unanimous decision after 3 rounds

CATCHWEIGHT 138.6lbs

Coenie Lamprecht defeated Joel Smit via Anaconda in round 1 (2:10)

PRELIM BOUTS

CATCHWEIGHT 147.4lbs

JJ Karagiannidis defeated Bryn Gwavava via unanimous decision after 3 rounds

HEAVYWEIGHT 264lbs

Frederik Eloff defeated Mbasa Khosa via unanimous decision after 3 rounds

WOMEN'S FLYWEIGHT 125.4lbs

Linda Baraza defeated Bianca Campher via armbar in round 2 (2:57)

FEATHERWEIGHT 145.2lbs

Litha Madikiza defeated PJ Meissenheimer via unanimous decision after 3 rounds

BANTAMWEIGHT 134.2lbs

Sanele Shabalala defeated Thapelo Malatjie via majority decision after 3 rounds.

BANTAMWEIGHT 134.2lbs

Kwaanza Zondo defeated Sherzaad Dollie via Rear Naked Choke in Round 1 (2:07)

CATCHWEIGHT 149.6lbs

Bruce Mayasi defeated Luke Ackers via TKO in Round 3 (2:01)

Images from the EFC Contender Series available [here](#).