

EFC 133 Goes Live in One Week Event Schedule Confirmed

30 April 2026



Johannesburg, South Africa - EFC 133 takes place in one week, as Africa's most watched MMA organisation prepares to deliver another global event on **May 7, 2026**.

Headlined by a welterweight title fight between **Zaakir Badat and Ziko Makengele**, the event features a stacked lineup of established contenders and rising talent, all set to compete live from the World Sports Betting EFC Arena in Johannesburg.

With the event approaching, EFC has confirmed the full schedule of key moments leading into fight night.

FIGHT WEEK SCHEDULE

MONDAY 4 MAY | 16:00

EFC 133 Media Day

Capital on Park, Johannesburg

Main event athletes face off and media interviews take place

Live on YouTube

WEDNESDAY 6 MAY | 10:00

EFC 133 Official Weigh in

World Sports Betting EFC Arena, Johannesburg

All athletes hit the scale ahead of fight night
Live on YouTube

WEDNESDAY 6 MAY | 19:00

Mortal Kombat II Premiere

Rosebank Mall IMAX, Johannesburg

EFC athletes attend the official premiere in partnership with the film

Follow EFC social media platforms for exclusive content and behind the scenes access

THURSDAY 7 MAY | 15:00

EFC 133 Preliminary Card

World Sports Betting EFC Arena, Johannesburg

Live exclusively on Discovery Sport

THURSDAY 7 MAY | 19:00

EFC 133 Main Card

World Sports Betting EFC Arena, Johannesburg

Live on SuperSport, SABC Open View, Discovery Sport, and international broadcast partners

EFC continues to deliver to a global audience, reaching over **100 million viewers every month** across broadcast and digital platforms, including live events and post event highlights.

Fans can follow the full build up live or attend the event in Johannesburg, with **limited tickets still available**.

Full broadcast details and ticket information are available at [EFCWorldwide.com](https://efcworldwide.com).

EFC 133 Zak vs Ziko presented by World Sports Betting takes place on May 7 at the World Sports Betting EFC Arena in Johannesburg, South Africa.

About EFC® - The Extreme Fighting Championship®

Headquartered in Johannesburg, South Africa, EFC is a world leading mixed martial arts organisation. EFC produces 10 live events annually at sold out arenas. With over 200 athletes exclusively contracted to the organisation, EFC showcases the greatest warriors on the planet.

EFC events are broadcast in over 120 countries around the world on numerous television networks in multiple languages. EFC programming is available weekly in more than 600 million television households globally, making it one of the most recognisable MMA brands in the world.

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